DELICIOUS MENU



SAMPLE DAY

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Scrambled Eggs

& Sausages **Dairy Free Scrambled** Eggs & Hash Browns (df)

Choice of 3 Cereals

White, Brown, Multigrain **Toast with Preserves**

Seasonal Fresh Fruit

Yoghurt/Muesli

Baked Beans & Hash Browns (df)

Choice of 3 Cereals

White, Brown, Multigrain **Toast with Preserves**

Seasonal Fresh Fruit

Yoghurt/Muesli

Scrambled Eggs & Sausages **Dairy Free Scrambled** Eggs & Hash Browns (df)

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Yoghurt/Muesli

Chicken Burgers

Veggie Burgers (df, gf, ve)

Ham or Chicken roll or wrap.

Substitute options available.

Beef Burgers

Veggie Burgers (df, gf,ve)

Ham or Chicken roll or wrap.

Substitute options available.

Unlimited salad bar and fresh fruit available

Pasta with choice of sauce: Bolognese, Napoli or Cheese

Gluten Free Pasta with choice of sauce (ve) Served with garlic bread

Soft Beef/Chicken Tacos, Mexican Rice

Soft Taco & Mexican Bean Mix (qf)

Butter Chicken Served with rice and naan bread

Roast Dinner Served with potato, pumpkin and vegetables

Veggie Schnitzel (v) Served with potato. pumpkin and vegetables with gluten free, vegan gravy

Butterscotch Pudding Butterscotch pudding (af, df, ve)

Apple Crumble & Custard Fruit Muffin (gf, df, ve)

Ice-cream sundae Coconut ice-cream sundae (qf, ve)

Pavlova, Cream & Berries Berry Vanilla Cake (gf, df, ef, ve)

Unlimited salad bar and fresh fruit available

MORNING TEA. **AFTERNOON TEA** AND SUPPER

are available at a small additional cost per person.

AVAILABLE DAILY

Unlimited salad bar:

Our salad bar is available at lunch and dinner, providing delicious and nutritious vegetables and salads. Come back to the salad bar as many times as you like!

Fresh Fruit:

A variety of fresh fruit is available at all meals.

ASK ABOUT

ALLERGENS

WE ARE HAPPY

Allerau Information

TO HELP If you or a member of your group has a food allergy, please let us know pre-arrival. Please speak to the Caterina Management Team in Centre, where more information is needed prior to choosing your meal.

Not all ingredients are included in the menu descriptions, please ask for more information.

Ingredients can occasionally be substituted or changed at short notice – always review the allergy information available from the Catering Management Team each service.