

REFUEL WITH OUR

DELICIOUS WINTER MENU



BREAKFAST

SAMPLE DAY 1	SAMPLE DAY 2	SAMPLE DAY 3	SAMPLE DAY 4	SAMPLE DAY 5
Hashbrowns & Baked Beans	Scrambled Eggs & Sausages	Ham and Cheese Croissants	Pancakes & Maple	Bacon & Scrambled Eggs
Vegan Sausages & Baked Beans (gf, ve)	Dairy Free Scrambled Eggs & Hash Browns (df)	Vegan Croissant or Bagel (gf, df, v)	Pancakes (gf, df, ef)	Vegan Sausages & Dairy Free Eggs (df, gf, ve)
Choice of 3 Cereals	Choice of 3 Cereals	Choice of 3 Cereals	Choice of 3 Cereals	Choice of 3 Cereals
White, Brown, Multigrain Toast with Preserves	White, Brown, Multigrain Toast with Preserves	White, Brown, Multigrain Toast with Preserves	White, Brown, Multigrain Toast with Preserves	White, Brown, Multigrain Toast with Preserves
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Yoghurt/Muesli	Yoghurt/Muesli	Yoghurt/Muesli	Yoghurt/Muesli	Yoghurt/Muesli

LUNCH

Chicken/Beef Burgers	Jacket potato (ve) Served with your choice of bacon, grated cheese (v), sour cream (v), coleslaw, Mexican bean mix (ve)	Chicken Souvlaki & Tzatziki	Honey Soy Chicken & Singapore/ Plain Rice	Sausage Sizzle
Veggie Burgers (df, gf, ve)		Falafel Souvlaki & Hummus (df, v)	Honey Soy Chickpea Balls & Singapore Rice (v)	Vegan Sausages (ve)

Unlimited salad bar and fresh fruit available

DINNER

Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day	Soup Of the Day
Pasta with choice of sauce: Bolognese, Napoli or Cheese	Chicken Curry Served with rice and naan bread	Soft Beef Tacos, Mexican Rice	Roast Dinner Served with potato, pumpkin and vegetables	Slow cooked Beef Meatball in gravy Served on mash potato and mixed veg
Gluten Free Pasta with choice of sauce (ve) Served with garlic bread	Butter Chick Pea & Vegetable Curry (v) Served with rice and flat bread (gf)	Soft Taco & Mexican Bean Mix (gf)	Veggie Schnitzel (v) Served with potato, pumpkin and vegetables with gluten free, vegan gravy	Falafel & Vegetable Stew (v) Served with rice or mash and veg (v)
Butterscotch Pudding	Apple Crumble & Custard	Ice-cream sundae	Pavlova, Cream & Berries	Jelly & Custard
Coconut Ice cream sundae (gf, ve)	Fruit Muffin (gf, df, ve)	Chocolate Cake (gf, df, ef, ve)	Berry Vanilla Cake (gf, df, ef, ve)	Jelly & Cake (gf, df, ef, ve)

Unlimited salad bar and fresh fruit available

MORNING TEA, AFTERNOON TEA AND SUPPER are available at a small additional cost per person.

AVAILABLE DAILY

Unlimited salad bar:

Our salad bar is available at lunch and dinner, providing delicious and nutritious vegetables and salads. Come back to the salad bar as many times as you like!

Fresh Fruit:

A variety of fresh fruit is available at all meals.

ASK ABOUT ALLERGENS
WE ARE HAPPY TO HELP

Allergy Information

If you or a member of your group has a food allergy, please let us know pre-arrival. Please speak to the Catering Management Team in Centre, where more information is needed prior to choosing your meal.

Not all ingredients are included in the menu descriptions, please ask for more information.

Ingredients can occasionally be substituted or changed at short notice – always review the allergy information available from the Catering Management Team each service.