



PGL Packing Guide

Our top 20 essentials to pack for a PGL camp

You'll have more fun if well prepared!



1.

NIGHTWEAR & UNDIES

Don't forget that for some activities you'll need socks that cover your ankles. Yes, really!

2.

TOWELS

One for the shower and one for drying off after water activities.

3.

PANTS / LEGGINGS FOR ACTIVITIES

At least 3 pairs but NOT jeans - if you get wet they are really uncomfortable and they take forever to dry.

4.

SHORTS

At least 2 pairs that come to the knee, which is essential when wearing a harness - although you might not need these in the winter

5.

RUNNERS FOR ACTIVITIES

They don't need to be anything special.



6.

RUNNERS FOR WATERSPORTS

They'll probably get wet, so old ones are best.

7.

SHOES FOR INDOORS & EVENINGS

The shoes you wear for activities may get muddy so bring another pair for the evenings/indoors if you can.

8.

FLEECES/ SWEATSHIRTS

It's not cool to be cold! Bring layers - even in the summer the evenings can be chilly.



9.

LONG SLEEVED T-SHIRTS/TOPS

Some activities require arms to be covered.

10.

T-SHIRTS/TOPS

Old ones are fine.

11.

WATERPROOF JACKET/WARM COAT

It's usually a few degrees cooler at camp than it is in the city and yes, you will still be doing activities even if it rains.

12.

EVENING CLOTHES

You might get dirty doing activities so you'll need one or two sets of clothes for the evenings.

13.

A HAT

Keep the sun off or the heat in! Depending on the time of year, you'll need either a sun hat or a warm hat for the winter.

14.

BATHERS FOR WATERSPORTS ACTIVITIES

Don't forget these if you're going to be taking part in watersports!

15.

SLEEPING BAG/ DOONA & PILLOW

Check that this hasn't been included as part of your booking.



16.

TORCH

Shhh...if you need something in the middle of the night, you need to be able to see what you're doing without waking everyone up!

17.

PLASTIC BAGS FOR WET CLOTHES

Lake water doesn't smell good after a couple of days so make sure you can keep your wet stuff separate!

18.

SMALL BAG / DAY PACK

You'll need to take dry clothes to change into after some activities.



19.

REFILLABLE WATER BOTTLE

Be well hydrated! PGL camps have plenty of places where you can refill a water bottle.

20.

TOOTHBRUSH, TOILETRIES AND THINGS FOR SHOWERING

Soap, shower gel, toothpaste etc. Don't forget sunscreen is essential in summer.